


On behalf of Vision Expo, we sincerely thank you for being with us this year.

Vision Expo Has Gone Green!

We have eliminated all paper session evaluation forms. Please be sure to complete your electronic session evaluations online when you login to request your CE Letter for each course you attended! Your feedback is important to us as our Education Planning Committee considers content and speakers for future meetings to provide you with the best education possible.



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Jesse Walters, ABOM

- **No Financial interests to disclose**
- **Account Representative and Optical Trainer for an independent OD owned national lab: Summit Optical**
- **CE Author, content editor and advisor for the Optical Training Institute**
- **CE contributor for Quantum Optical**
- **All relevant relationships have been mitigated**

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Common Sense Compensation




Jesse Walters, ABOM

1 hour ABO Technical Level III

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Learning Objectives

Why does the prescription need to be changed?
How do the position of wear measurements change the final prescription?
When is it most important to utilize?
What potential problems can occur?

Calculating Prescription Behavior Effective Power Formula Compensated Power Formula Martin's Tilt Formula		Verifying Compensated Lenses Reading Measured Power Evaluating Compensations																																																	
	Alignment OC Height Prism Compensation Adjustments	<table border="1"> <thead> <tr> <th colspan="6">MEASURED POWER</th> </tr> <tr> <th colspan="3">Left</th> <th colspan="3">Right</th> </tr> <tr> <th>Sphere</th> <th>Cylinder</th> <th>Axis</th> <th>Sphere</th> <th>Cylinder</th> <th>Axis</th> </tr> </thead> <tbody> <tr> <td>-1.88</td> <td>-2.36</td> <td>153</td> <td>-2.43</td> <td>-1.37</td> <td>6</td> </tr> <tr> <td colspan="3">Near</td> <td colspan="3">Near</td> </tr> <tr> <td>0.90</td> <td>-1.86</td> <td>154</td> <td>-0.07</td> <td>-2.23</td> <td>1</td> </tr> <tr> <td colspan="3">Prism</td> <td colspan="3">Prism</td> </tr> <tr> <td colspan="3">4.72 78.02</td> <td colspan="3">4.61 307.88</td> </tr> </tbody> </table>	MEASURED POWER						Left			Right			Sphere	Cylinder	Axis	Sphere	Cylinder	Axis	-1.88	-2.36	153	-2.43	-1.37	6	Near			Near			0.90	-1.86	154	-0.07	-2.23	1	Prism			Prism			4.72 78.02			4.61 307.88			Potential Problems Record Keeping Prescription Evaluation Identifying Digital Design
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Compensation Defined:

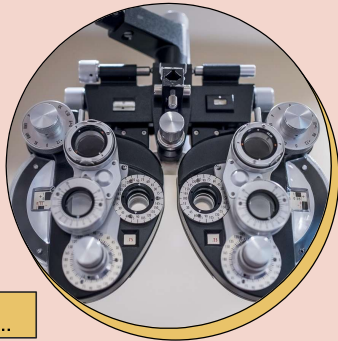
A compensated prescription is any intentional change in lens power or prism alignment from the doctor's original Rx with the objective to more accurately correct vision through a pair of glasses.



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The Doctor's Refraction vs Real World Wear

An optometrist's refraction utilizes a small round lens sitting perpendicular to the eye at a fixed distance having the patient looking directly in front of them at a well-lit chart mounted at 20 feet.



The prescription is written from these carefully controlled conditions and then...

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To Deliver the Promised Prescribed Rx:



...Every patient is fit into small, round, flat frames that are adjusted to sit at the exact distance of the phoropter.



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Medical Device vs Fashion Accessory

The prescription is filled in lenses of all different sizes, shapes and curves...



... mounted into frames that fit closer or farther from the eye with any extreme of tilt, face-form or wrap.

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“

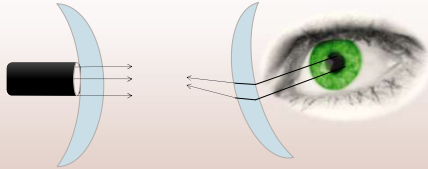
The **Effective Power** is the actual correction viewed by a patient as a result of how a lens is positioned in front of the eye.

”



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When the compensated lens is then mounted perpendicular at a fixed distance in a lensometer it will read differently...



The patient is viewing the prescribed Rx as a result of how the lens is positioned in front of the eye.

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Vertex Distance

Vertex refers to the distance from the eye to the back side of the lens.

A lens will always gain plus power as it moves away from the eye and loses plus power (increasing minus power) as it becomes closer.

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Effective Power Formula

$$De = \frac{Dl}{(1 + dDl)}$$

De= new power experienced by the wearer
 Dl= original lens power
 d= change in vertex distance in METERS
 If the lens is moved towards the eye "d" is positive
 If the lens is moved away "d" is negative

Demonstrates the effective sphere power change as fitting vertex distance is increased or decreased from the refracted vertex


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Example:

Rx: -7.50 -2.25 x 176
 Refracted at 13mm
 Fitting vertex measured at 18mm
 What is the patient's experienced effective power?


- Find the powers in the two major meridians
 -7.50 @ 176
 -9.75 @ 086
- Calculate the vertex difference in *meters*
 13 to 18 is a change of 5mm
 5mm= 0.005 meters= **-0.005m** change in vertex
 The vertex distance in moving *further* so this number will be expressed as *negative*
- Solve the equation...



$$De = \frac{DI}{(1 + dDI)}$$

De= new power experienced by the wearer
 DI= original lens power
 d= change in vertex distance in METERS
 (If the lens is moved towards the eye "d" is positive.
 If the lens is moved away "d" is negative).

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Effective Power Formula

What's going on here?

- Minus lenses lose minus effective power as vertex increases
- The patient was prescribed and filled an Rx written at a refracted distance of 13mm, then wears then 5mm further than tested
- The Rx experienced by the patient is weaker than prescribed
- Larger lens powers and/or larger changes in fitting distances will change the effective power more dramatically
- This demonstrates a need to compensate the Rx to deliver the exam acuties...

Rx prescribed & fabricated:
 -7.50 -2.25 x 176

$$De = \frac{-7.50}{1 + [(-0.005)(-7.50)]} = \frac{-7.50}{1.0375} = -7.2289$$


$$De = \frac{-9.75}{1 + [(-0.005)(-9.75)]} = \frac{-9.75}{1.04875} = -9.2968$$

Reassemble the new Effective Power
 First # is the new sphere, then find the difference between them for the new cylinder power, keep the axis the same
 Rx experienced by the patient as a result of vertex variance:
 -7.23 -2.07 x 176


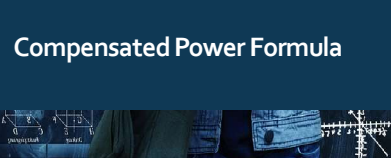
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$$Dc = \frac{DI}{(1 - dDI)}$$

Dc= compensated power (what will be ordered)
 DI= original prescribed power
 d= change in vertex distance in METERS
 (If the lens is moved towards the eye "d" is positive. If the lens moves away, "d" is negative).



Compensated Power Formula

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Example:

Prescribed Rx: +8.50 -0.50 x 006
 Refracted vertex was 15mm
 Measured fitting vertex is 11mm
 What should the lens compensation be?

- Find the powers in the two major meridians
 +8.50 @ 006
 +8.00 @ 096
- Calculate the vertex difference in *meters*
 15 to 11 is a change of 4mm
 4mm = **0.004m** change in vertex
 The vertex distance in moving *closer* so this number will be expressed as *positive*
- Solve the equation...

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Compensated Power Formula

Rx prescribed:
 +8.50 -0.50 x 006

$$De = \frac{+8.50}{1 - [(0.004)(8.50)]} = \frac{+8.50}{0.966} = +8.7991$$

$$De = \frac{+8.00}{1 - [(0.004)(8.00)]} = \frac{+8.00}{0.968} = +8.2644$$

Reassemble the new Compensated Power
 First # is the new sphere, then find the difference between them for the new cylinder power, keep the axis the same
 Rx experienced by the patient will match the prescribed Rx if fabricated as this compensated Rx adjusted for the fitting vertex:
+8.80 -0.53 x 006

What's going on here?

- Plus lenses lose effective plus power as vertex decreases
- The patient's prescribed power must be compensated and fabricated with a stronger plus power
- The Rx experienced by the patient is weaker than compensated, so the effective power translates as the original written Rx
- Larger lens powers and/or larger changes in fitting distances will change the effective power more dramatically

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Calculating Compensated Add Powers

Lens Compensations Also Adjust Add powers

Compensated Add Power

Calculated as the difference between the distance and near measured powers
 Right: +3.56 - (+1.25) = +2.31
 Left: +2.25 - (-0.25) = +2.46
 Often the compensated add is what is laser engraved under the temporal progressive watermark
 Because add powers are at the bottom of the lens, they sit at an increased vertex which often causes plus powers to be weakened

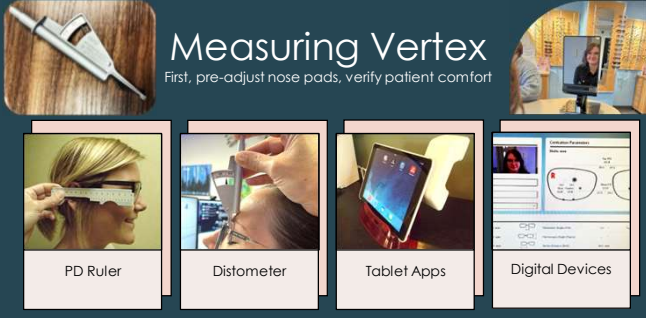
Rx DATA							
Side	Distance	Axis	Power	Side	Distance	Axis	Power
Right	1.25	-1.25	175	Left	2.50	32.50	
Left	-0.25	-0.50	178	Right	2.50	32.50	

MEASURED POWER							
Left				Right			
Side	Distance	Axis	Power	Side	Distance	Axis	Power
Left	-0.25	-0.50	178	Right	1.25	-1.25	175
Right	2.21	-0.48	178	Left	3.56	-1.27	178
Axis	0.00	0.00		Axis	0.00	0.00	

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Measuring Vertex

First, pre-adjust nose pads, verify patient comfort




PD Ruler Distometer Tablet Apps Digital Devices

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Frame Wrap and Lens Tilt

VERTICAL




Unwanted cylinder power on the tilt axis

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Pantoscopic Tilt

- Lens tilt on the horizontal axis
- Panto = angled towards the cheek
- Retrosopic tilt = angled away from the cheek
- Induces unwanted cylinder @ 180 axis
- Moves OC height alignment up

Pantoscopic adjustments should be made in all lenses to improve ground view & reading zones



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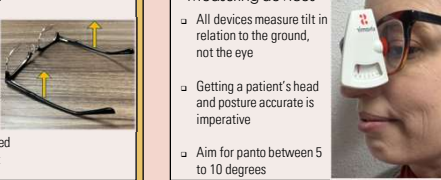
Measuring Panto

Proper Adjustment

- Always pre-adjust the frame
- Retrosopic tilt should be adjusted to positive panto
- Panto must be measured as worn on the patient


Measuring devices

- All devices measure tilt in relation to the ground, not the eye
- Getting a patient's head and posture accurate is imperative
- Aim for panto between 5 to 10 degrees



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Frame Wrap



Measured in Degrees of Tilt on the Vertical Axis



Induces Unwanted Horizontal Prism

Frame Wrap Panoramic Angle Face-Form Z-Tilt

Induces Unwanted Cylinder @ 090-Degree Axis

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Measuring Wrap

Wrap Angle in Degrees Measured with protractor, wrap layouts, or manual devices
 Digital measuring devices measure wrap value, some need dark lenses removed
 Wrap angle can be measured without the patient wearing the frame

Ophthalmic Wrap vs. Sport Wrap 0-11° standard range-important for higher powers and corrects unwanted cyl
 12-30° high wrap- important for all Rx's and corrects for cyl and prism error

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Martin's Tilt Formula

$$S1 = S[1 + (sina)^2/2n]$$

$$C1 = S1(tana)^2$$

S1= new sphere power
 S= original sphere power
 a= degrees of tilt
 n= index of refraction of lens material
 C1= induced cylinder power on the axis of rotation

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Using Martin's Tilt Formula

Wrap vs. Panto

- Both wrap and Panto are measured in degrees
- Wrap can be measured with the frame off the patient
- Panto must be measured while frame is worn and pre-adjusted
- Tilt changes the sphere power as well as inducing cylinder; there is a separate equation for each
- Induced cylinder axis is at 90° for wrap and at 180° for panto
- Plus cylinder is expressed for plus powers and minus cylinder is expressed for minus powers.
- The formula requires the lens index of refraction

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Example:

$$S1 = S[1 + (sina)^2/2n]$$

$$C1 = S1(tana)^2$$

S1= new sphere power
 S= original sphere power
 a= degrees of tilt
 n= index of refraction of lens material
 C1= induced cylinder power on the axis of rotation

Rx: +4.00 sph OU
 Patient chose a high-wrap safety frame which measures 25° frame wrap and ordered in a 1.53 Trivex lens.
 Using Martin's Tilt Formula, what is the effective power they will experience without lens compensation?

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- Tilt changes OC alignment
- Panto moves both OCs **up**
- Wrap moves OCs **in** for both eyes

Alignment & Unwanted Prism

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Wrap Compensation

	Sphere	Cylinder	Axis	Prism	Add
Right	-2.25	-1.25	28		2.50
Left	-1.00	-3.25	112		2.50

MEASURED POWER

Left			Right			
Sphere	Cylinder	Axis	Sphere	Cylinder	Axis	
Distance	-0.91	-3.24	112	-2.17	-1.25	32
Near	1.48	-3.24	112	0.21	-1.25	32
Prism	0.51	180.00		0.25	0.00	

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Verifying Lens Compensations

- Verify against the prescription compensation
- ANSI standards get applied to the measured power, not the prescribed
- Trust the math, but know logical outcomes based on measurements
- Double-check values input in the order
- Record lens compensation in the patient record if wildly different from prescribed
- Power is written to 0.01D
- Add is also compensated
- Prism is written in lab notation

MEASURED POWER

Left			Right			
Sphere	Cylinder	Axis	Sphere	Cylinder	Axis	
Distance	-1.88	-2.36	153	-2.43	-1.37	6
Near	0.90	-1.86	154	-0.07	-2.23	1
Prism	4.72	78.02		4.61	257.89	

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Custom vs. Default Position of Wear Measurements

Digital lenses are often compensated whether or not measurements are provided

Custom values

- Measured vertex, panto, and wrap of pre-adjusted frame
- Manual and digital devices are available
- Personalized for each individual
- Adds value to the patient experience
- Highly valuable for higher prescriptions or frames fit outside normal parameters (i.e. high wrap styles)

Default Values

- Uses average adjustment values of ophthalmic frames
- Improves patient's visual experience based on the common differences between refracted and as-worn lens power
- No need for understanding of measurement devices or extra time in lens ordering



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<p>Common</p>	<p>Sense</p>	<p>Compensation</p>	
<p>References: Stamer, F. D., Perkins, P., & Ferguson, R. (2005). <i>Optical formulas: Tutorial</i>. Elsevier. Stamer, F. D., & Sheedy, J. E. (2002). <i>Introduction to ophthalmic optics</i>. SOLA Optical.</p>		<p>Jesse Walters, ABOM jesse@summitoptical.com</p>	

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