




Unveiling the Secrets of Near Task Specific Lenses



1

Michelle J. Hoff, OD, FAAO, ABOM, FNAO



- ◆ University of California Berkeley | Associate Professor of Health Science
- ◆ Mindful Eyes Foundation | Founder and Executive Director
- ◆ Golden State Optician's Association | Vice President
- ◆ SightLine Ophthalmic Consulting | Co-founder and CEO
- ◆ Doctor of Optometry (OD)
- ◆ Master in Ophthalmic Optics (ABOM)
- ◆ Registered Spectacle Lens Dispenser (CA-SLD)
- ◆ Licensed Optometrist (CA-DCA)



2

Financial Disclosures



- The content of this course was developed independently without commercial bias or influence
- Consulting
 - Essilor Instruments, USA
 - Visionix USA
 - Topcon Healthcare
 - Quest Vision Care Specialty Lab

3



- Goldilocks had a design problem.
- Every chair, bowl, and bed was perfectly designed for someone else.
- The right solution only works when it's matched to the right person.

4

Learning Objectives


- Technology Timeline
- Trends and Demographics
- Ergonomics
- Lens Analysis and Contour Plots
- Task Specific Lens Solutions
- Understanding Near Task Specific Lens Designs
 - Near Variable Focus (Computer, Occupational)
 - Full Range
 - Intermediate/Near
 - Powerboost
- Product Portfolios
- Case Presentations




Please use this presentation for staff training and review

5


Technology Timeline: Over a century ago




1920's - 1930's - Radio



1940's - 1950's - B&W TV



1950's - 1990's - Color TV




1990's - present - HD TV


6

The Digital Revolution: Shift from Mechanical to Electronic

One small, handheld device



=

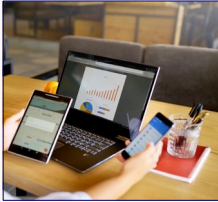


Lots of large individual things

50 years: Radio to Computer
20 years: digital devices major part of life

7

The Physical and Visual Response



Breakdown of DES* Symptoms
(6 out of 10 adults report)

- 35% Neck/shoulder pain
- 27% Dry eyes
- 28% Headaches
- 32% Eye strain
- 28% Blurred vision

* DES = Digital Eye Strain, formerly Computer Vision Syndrome (CVS)

8

How is the relevant to vision care?

Today's presbyopic patient is not the same as 20 years ago
Onset of near symptoms at a younger age

90%
of patients do not talk with their eye care provider about digital device usage.

73%

of Americans said they did not know about the benefits of computer eyewear.

#1 reason: My Eyecare Professional didn't tell me about them
Eyestrain is a normal part of life we simply put up with

9

Digital Eye Strain – Symptoms

- Red, Dry, Irritated, Sore Eyes
- Blurred Vision at Distance and/or Near
- Eye Fatigue
- Neck and Back Pain
- Headaches
- Double Vision

★ Digital Eye Strain – Areas of Concern

- Refractive Errors
- Accommodative Disorders
- Binocular Vision Dysfunctions
- Presbyopia

10

Who are our Patients?

BUSINESS BY AGE BRACKET
 Boomers still rule the roost, but for how much longer?
 ● Baby Boomers (33-74)
 ● Gen X (33-52)
 ● Millennials (28-36)
 ● Seniors (72+)
 ● Gen Z + Kids 13 and under

Eyecare Business Mega Market Trends

- Baby Boomers + Gen X = largest segments of most practices
- 62 % Optical revenue is premium lenses
- Computer, anti-fatigue, PAL's sales are increasing

Vision Monday: June 2022, Millennials are the New Emerging Presbyopes

11

Increased Usage/Poor Ergonomics


Tx = Personalized near task specific lenses

12

Why Use A Computer Lens?


PAL	Computer Lens
<ul style="list-style-type: none"> Narrow corridor Intermediate positioned low Small near zone 	<ul style="list-style-type: none"> Wide corridor Intermediate positioned at straight gaze and/or below Large near zone

Small, narrow
Intermediate




Classic PAL

Intermediate + Near
w/small distance



Full Range NVFL

Intermediate + Near
No distance



Intermediate/Near

13

Presbyopic Personal Computer Work: A Comparison of Progressive Addition Lenses for General Purpose and Personal Computer Work

Kolbe, Oliver, MEng¹; Degle, Stephan, MSc, PhD¹

SIGNIFICANTLY BETTER THAN GP-PALS (3-SD) AT THE PERSONAL COMPUTER REVISION MEASURES

STUDY: 190 presbyopic computer users compared GW PAL to computer specific (CSL) glasses for 2 weeks each using a 24 item questionnaire.

RESULTS: CVS symptoms were perceived 7X more often with PAL compared to Computer specific lenses. 84% of subjects preferred CSL when using a computer. Only 14% of subjects had been told about CSL by their eye care provider. 79% wished they had been informed about them.

CONCLUSIONS: CSL reduce the symptoms of CVS, increase visual comfort and improve computer ergonomics.

Takeaway Message: We need to do a better job of asking about visual needs and recommending task specific lenses.

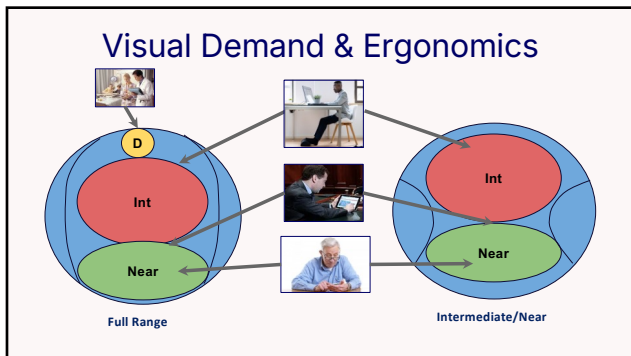
PALS did not influence the score. Only 14.2% of subjects had received information about specific VDU eyewear from their optician or optometrist, whereas 79% expressed the wish to be informed about these products.

CONCLUSIONS: Computer-specific progressive addition lenses reduce the perception of the CVS and are highly preferred by VDU workers.

UNIVERSITÄT
DUISBURG
ESSEN

Optometry and
Vision Science

14



15

How to Understand Variable Power Lenses

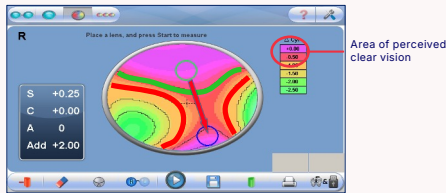


The image shows a Visionix refractor and its software interface. The software displays two heatmaps of a lens, one for the right eye (R) and one for the left eye (L), showing the distribution of power across the lens. Below the heatmaps, the software displays the following data:

S	-2.88	S	-3.00
C	-1.00	C	-1.75
A	35	A	69
Add	+2.38	Add	+2.38

16

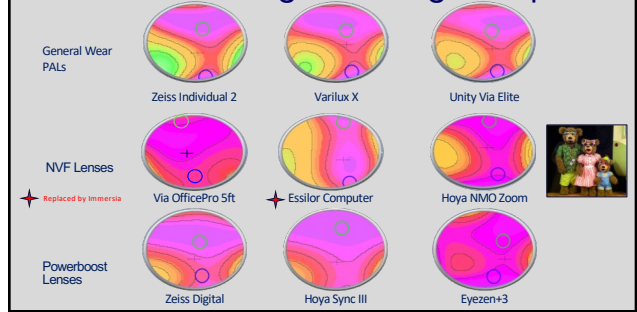
What Can We Measure?



- Cylinder Aberration Contour Plot
- Perceived clear vision
 - Isometric contour lines (unwanted cylinder)

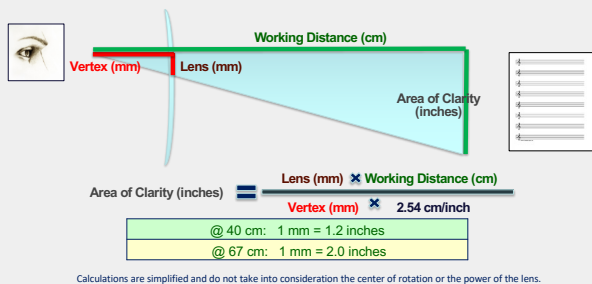
17

Understanding the Design Shape



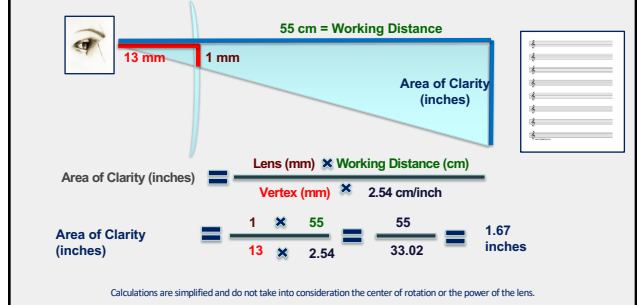
18

How much clear area is your patient seeing?



19

Sample Problem



20

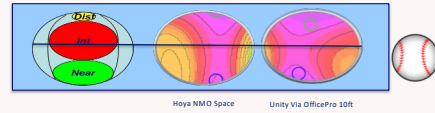
Understanding Task Specific Lenses

Near Variable Focus - Full Range



21

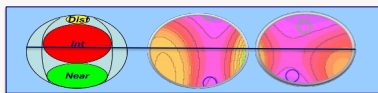
Designs: Near Variable Focus - Full Range



- Intermediate Add power designed for 60cm – 90cm working distance
 - +1.67 - +1.12 Dioptic demand
 - at the fitting cross (FC)/fitting reference point (FRP)
- FRP is set at pupil center
- Distance zone is 10-15mm above FRP
- Transition zone length is 20-30mm
- Full Near zone 10-15mm below FRP
- Large frame 'B' dimension (min. 30 mm)

22

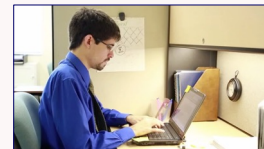
Designs: Near Variable Focus - Full Range



- Mobile presbyopes - multiple stations/rooms, require some distance vision
- Doctors, teachers, managers, consultants, receptionists, technicians
- Lens Design: Intermediate prioritized with some distance vision at the top

23

Near Variable Focus for Intermediate/Near



24

Design: NVF Int/Near

- Add Power for 60cm – 90cm (24-36 inch) working distance is centered around fitting reference point
- +0.50 to +1.00 EA at "distance"
- Full Near zone 10-15mm below FRP
- FRP is set at pupil center
- Large frame 'B' dimension (min. 30 mm)

25

Designs: NVF - Intermediate/Near

- Stationary Presbyopes – Intermediate to Near with wide FOV
- Multiple computer screens, cubicle workspace, multiple OTC readers

26

Understanding Computer Lenses

Powerboost as Intermediate/Near

27

Design: Powerboost as Intermediate/Near

- "Powerboost": designed and marketed to pre-presbyopes
- Can be designed for intermediate/near use for presbyopes
- Large, wide, stable "top" half of lens: Minimal peripheral aberration, edge-to-edge clarity at FRP
- Transition zone is 3-4 mm below FRP
- Power progression to full near 9-10 mm
- Can use smaller frame 'B' dimension (min. 20mm)

28

Designs: Powerboost as Intermediate/Near

- Stationary occupation – Intermediate to Near with wide FOV (no distance)
- Multiple computer screens, cubicle workspace, multiple OTC readers

29

NVF Lens Design	Eff. ADD @ FRP	Eff. ADD @ Lens Top
Zelss OfficeLens: Room, Desk, Book	Room +0.50 Desk +0.75 Book +1.25	Room +0.25 Desk +0.50 Book +1.00
Hoya iD WorkStyle 3: Space, Screen, Zoom	Space/Screen: 50% add @ 2.5mm below FRP Zoom: 50% of Add	Space +0.00 Screen +0.50 Zoom +1.00
Unity Via OfficePro: 10ft., 5 ft.	range of vision for: 10ft @110cm (+0.91D) 5ft @80cm (+1.25D)	10ft +0.33 5ft +0.67
Essilor Computer Lens	50% of the Backoff Power	0.00 to +0.25 (max back off -2.50)
Varilux Imersia: Mid, Room <i>Replaced Essilor Computer Lens</i>	range of vision for: 10ft @110cm 5ft @80cm	10ft +0.33 5ft +0.67
Shamir Workspace/Computer	Workspace: 50% of Add Computer: 50% of Add plus +0.25D	Workspace +0.25 Computer +0.75
Shamir Autograph II Office	50% of the ADD or max of -2.25	Add reduction up to max -2.25

Depending on the ADD and Fitting Height, the software determines the corridor lengths above and below the FRP

30

How to Prescribe & Order

Dr. I. M. Happy
123 Sunshine St.
Amazing, CA 98765
510-123-4567

NAME: Fred
ADDRESS: _____ DATE: _____

	SPHERICAL	CYLINDRICAL	AXIS	PRISM	BASE
D.V.	Piano	DS			
O.S.	Piano	DS			
N.V.	+2.50				
O.S.	+2.50				

Remarks: Intermediate = +1.25, Hoya iD WorkStyle 3 Space

DR: _____


- Select design to satisfy:
 - Intermediate Add
 - Visual Needs
- Dist Rx, ADD
- Dist. Mono PDs
- VFH to pupil center

31

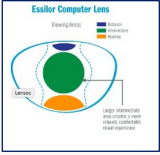
Key Features of Near Variable Focus Product Portfolios

32

Essilor COMPUTER LENS



Water impermeable anti-fog film for viewing a computer screen



Essilor Computer Lens

Legend: ■ Vision ■ Intermediate ■ Near

Large intermediate provides clear vision computer use

ADD Power	Engraving	Back Off
+1.00 to +1.25	10	1.00
+1.50 to +1.75	15	1.50
+2.00 to +2.25	20	2.00
+2.50 to +3.50	25	2.50

- Traditional surfacing
- Poly only
- Full back off 10mm above FRP
- Near 14mm below FRP
- 50% of Back Off at FRP
- Lab selects back off, max 2.50

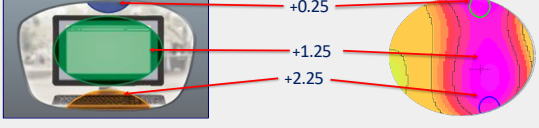
33

Example: NVF - Full Range

Essilor Computer 2.00 w/50% backoff

- Rx: Plano Add +2.25
- Essilor recommends Computer 2.00 (2.00D Backoff)

NVF - Full Range	Transition Length	Distance (above FRP)	Near (below FRP)	Power at FRP
Computer Lens	24mm	10mm	14mm	50% of BO



34

Varilux Immerisa Mid & Room



Mid = up to 5ft



3 Reference Points

- Conversation
- Working
- Smartphone




Room = up to 10ft

Minimum fitting height - 14 mm
Upper boundary 10mm above FRP

35

Hoya iD WorkStyle 3

Space, Screen, Zoom



- Far point/distance 11-14mm above FRP
- Near 15-18mm below FRP
- Intermediate Add is 50% of patient's full Add

Design	EA @ Far point/Distance	Intermediate EA placement
Space	plano	2.5mm below FRP
Screen	+0.50 D	2.5mm below FRP
Zoom	+1.00 D	at FRP

36

Example: NVF - Int/Near

Hoya NMO Screen and Zoom

- Rx: Plano DS +2.50 Add
- Desktop Computer at 70 cm (+1.25D); near work at 40cm, no distance visual requirements

Hoya NMO	Corridor Length (mm)	"Distance" (mm above FRP)	Effective Add at "Distance"	Near (mm below FRP)	Power at FRP (~2.5mm below)
Screen	18-24mm	7-10mm	+0.50D	11-14mm	50% ADD*
Zoom	18-24mm	7-10mm	+1.00D	11-14mm	50% ADD

Screen	Zoom
+0.50	+1.00
+1.25	+1.25
+2.50	+2.50

37

Shamir Workspace, Computer

Workspace (Full Range)

- +0.25 EA at the top
- EA at FRP is 50% of add

Computer (Int/Near)

- +0.75 EA at the top
- EA at FRP = 50% Add plus +0.25D

Shamir Autograph II Office

Autograph II Office

- Replaced Shamir Office
- dynamic power reduction 8mm above FRP, max -2.25
- Add 16mm below FRP

38

Unity Via OfficePro 5ft & 10ft

Power digression: 10mm above FRP
14 mm Min. Fitting HT.

Unity Via OfficePro 5ft
Power at FRP is designed to view 80cm (+1.25 DD)

- EA +0.67D at top

Unity Via OfficePro 10ft
Power at FRP designed to view 110cm (+0.91 DD)

- EA +0.33D at top

39

Zeiss OfficeLens: Book, Desk, Room

At the top:
Book +1.00 Desk +0.50 Room +0.25

Fixed intermediate add at FRP +
Book +1.25D add
Desk +0.75D add
Room +0.50D add

0.25 reduction 4mm above FRP
Full add 10-15mm below FRP

Recommend the design based on the Intermediate ADD

40

Powerboost Lenses Product Portfolio	Power Boost Lenses		Boost at the Bottom
	Zeiss Digital Lens	Digital 500 Digital 750 Digital 1000 Digital 1250	+0.50 +0.75 +1.00 +1.25
Eyezen	Eyezen +1 Eyezen +2 Eyezen +3 Eyezen +4	+0.40 +0.60 +0.85 +1.10	
Hoya Sync III	Sync 5 Sync 9 Sync 13 Sync 20	+0.57 +0.95 +1.32 +2.00	
Unity Relieve	Relieve 50 Relieve 70	+0.50 +0.70	
Shamir Relax	Relax 50 Relax 65 Relax 80	+0.50 +0.65 +0.80	

41

How to Design a Powerboost as Intermediate/Near

EXAMPLE RX

Plano with +2.25, Intermediate effective ADD is +1.25

- Determine the EA at intermediate distance
- Select the appropriate Powerboost lens design (diff b/t Int/Near)

Powerboost Lens	Boost	Fit	EA Int/Near
Sync5/Sync9/Sync13	0.55 / 0.95 1.32	Pupil	+1.25 / +1.80 +1.25 / +2.20 +1.25 / +2.57
Zeiss Digital Lens	0.50 / 0.75 1.00 / 1.25	Pupil	+1.25 / +1.75 +1.25 / +2.00 +1.25 / +2.25 +1.25 / +2.50
Eyezen+ 1/2/3/4	0.40 / 0.60 / 0.85 / 1.10	Pupil	+1.25 / +1.65 +1.25 / +1.85 +1.25 / +2.10 +1.25 / +2.35
Unity Relieve 50, 70	0.50 / 0.70	Pupil	+1.25 / +1.75 +1.27 / +1.95
Shamir Relax 50,60,80	50 / 60 / 80	Pupil	+1.25 / +1.75 +1.25 / +1.85 +1.25 / +2.05

42

How to Prescribe & Order Powerboost for Int/Near

Dr. I. M. Happy
123 Sunshine St.
Amazing, CA 98765
510-123-4567

NAME Fred DATE _____
ADDRESS _____

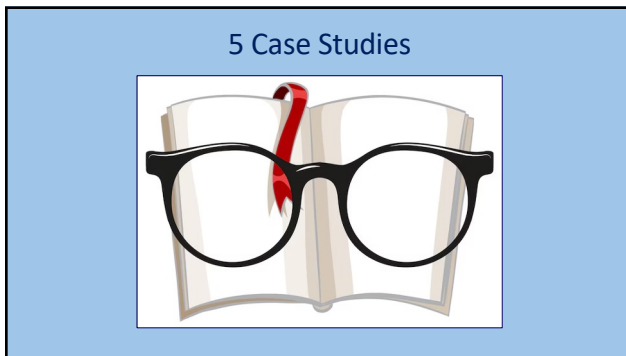
R	SPHERICAL		CYLINDRICAL	AXIS	PRISM	BASE
	D.V.	O.S.				
	+1.25	DS				
	+1.25	DS				

Remarks: **Zeiss Digital 1000 for Intermediate Use**

DR. _____ P.O. 1000

- Select design (diff bw int/near)
- Intermediate RX in "distance"
- Intermediate Mono PDs
- VFH to pupil center

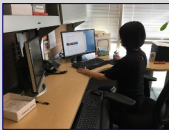
43



44

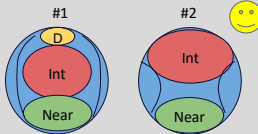
Case #1

- 58 YO Female
- New Administrator job
- CC: Tired eyes, neck/back pain
- MR: -2.25 DS OU Add +2.50 Intermediate Add +1.25



Visual Case History

Previous Visual Demands	New Visual Demands
Removes glasses Int/Near	Removes glasses Int/Near
Int/Near 2-3 hr/day, intermittent	Int/Near 6 hr/day
iPad	Desktop computer
WD = 40 cm	WD = 70 cm



45

-2.25 DS OU Int Add +1.25 Near Add +2.50

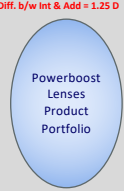
NVF Lens Design	Eff. ADD @ FRP	Eff. ADD @ Lens Top
Zeiss OfficeLens: Room, Desk, Book	Room +0.50 Desk +0.75 Book +1.25	Room +0.25 Desk +0.50 Book +1.00
Hoya iD WorkStyle 3: Space, Screen, Zoom	Space/Screen: 50% Zoom: 50% of Add	Space +0.00 Screen +0.50 Zoom +1.00
Unity Via OfficePro: 10ft., 5 ft.	range of vision for: 10ft @110cm (+0.91D) 5ft @80cm (+1.25D)	10ft +0.33 5ft +0.67
VariLux Imersia: Mid, Room	range of vision for: 10ft @110cm 5ft @80cm	10ft +0.33 5ft +0.67
Shamir Workspace/Computer	Workspace: 50% of Add Computer: 50% of Add plus +0.25D	Workspace +0.25 Computer +0.75
Shamir Autograph II Office	50% of the ADD or max of -2.25	Add reduction up to max -2.25

46

-2.25 DS OU
Int Add +1.25
Near Add +2.50

Boost
Diff. b/w Int & Add = 1.25 D


Power Boost Lenses		Boost at the Bottom
Zeiss Digital Lens	Digital 500	+0.50
	Digital 750	+0.75
	Digital 1000	+1.00
	Digital 1250	+1.25
Essilor Eyezen +	Eyezen +1	+0.40
	Eyezen +2	+0.60
	Eyezen +3	+0.85
	Eyezen +4	+1.10
Hoya Sync III	Hoya Sync 5	+0.57
	Hoya Sync 9 Hoya Sync 13	+0.95 +1.32
Unity Relieve	Relieve 50	+0.50
	Relieve 70	+0.70
Shamir Relax	Relax 50	+0.50
	Relax 65	+0.65
	Relax 80	+0.80



47

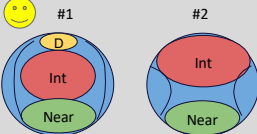
Case #2

- 55 YO Male
- Receptionist
- CC: GW PAL is not working
 - Tilting head up / neck pain
 - Small FOV
- MR: +1.00 DS OU Add +2.00 Intermediate Add +1.00



Visual Demands

Dist 40%, Int/Near 60%
Desktop computer
WD = 55 cm




48

+1.00 DS OU Int Add +1.00 Near Add +2.00	NVF Lens Design	Eff. ADD @ FRP	Eff. ADD @ Lens Top
	Zeiss OfficeLens: Room, Desk, Book	Room +0.50 Desk +0.75 Book +1.25	Room +0.25 Desk +0.50 Book +1.00
	Essilor Computer Lens	50% of the Backoff Power	0.00 to +0.25 (max back off -2.50)
	Varilux Imersia: Mid, Room	range of vision for: 10ft @110cm (+0.91D) 5ft @80cm (+1.25D)	10ft +0.33 5ft +0.67
	Hoya ID WorkStyle 3: Space, Screen, Zoom	Space/Screen: 50% add @2.5mm below FRP Zoom: 50% of Add	Space +0.00 Screen +0.50 Zoom +1.00
	Unity Via OfficePro: 10ft., 5 ft.	range of vision for: 10ft @110cm (+0.91D) 5ft @80cm (+1.25D)	10ft +0.33 5ft +0.67
	Shamir Workspace/Computer	Workspace: 50% of Add Computer: 50% of Add plus +0.25D	Workspace +0.25 Computer +0.75
	Shamir Autograph II Office	50% of the ADD or max of -2.25	Add reduction up to max -2.25

49

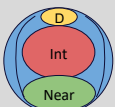
Case #3

- 48 YO Female
- Homemaker
- CC: Wants one pair of glasses for Int/Near
- MR: Plano Add +1.75
Intermediate Add +0.75D
- H/O stacking OTCs

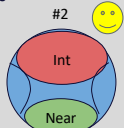


Visual Case History

Visual Demands
Dist = no Rx
Computer = OTC +0.75D
Near = OTC +1.00D over +0.75D



#1



#2 😊

50

Plano Int Add +0.75 Near Add +1.75		
NVF Lens Design	Eff. ADD @ FRP	Eff. ADD @ Lens Top
Zeiss OfficeLens: Room, Desk, Book	Room +0.50 Desk +0.75 Book +1.25	Room +0.25 Desk +0.50 Book +1.00
Hoya ID WorkStyle 3: Space, Screen, Zoom	Space/Screen: 50% add @2.5mm below FRP Zoom: 50% of Add	Space +0.00 Screen +0.50 Zoom +1.00
Unity Via OfficePro: 10ft., 5 ft.	range of vision for: 10ft @110cm 5ft @80cm	10ft +0.33 5ft +0.67
Varilux Imersia: Mid, Room	range of vision for: 10ft @110cm 5ft @80cm	10ft +0.33 5ft +0.67
Shamir Workspace/Computer	Workspace: 50% of Add Computer: 50% of Add plus +0.25D	Workspace +0.25 Computer +0.75
Shamir Autograph II Office	50% of the ADD or max of -2.25	Add reduction up to max -2.25

51


<div style="background-color: #ffffcc; padding: 5px;">Plano Int Add +0.75 Near Add +1.75</div> <p style="color: red; font-size: small;">Diff. b/w Int & Add = 1.00 D</p> <div style="border: 1px solid blue; border-radius: 50%; width: 40px; height: 40px; margin: 10px auto; display: flex; align-items: center; justify-content: center; color: blue; font-size: 8px;"> Powerboost Lenses Product Portfolio </div>	Power Boost Lenses		Boost at the Bottom
	Zeiss Digital Lens	Digital 500 Digital 750 Digital 1000 Digital 1250	+0.50 +0.75 +1.00 +1.25
	Eyezen	Eyezen +1 Eyezen +2 Eyezen +3 Eyezen +4	+0.40 +0.60 +0.85 +1.10
	Hoya Sync III	Hoya Sync 5 Hoya Sync 9 Hoya Sync 13	+0.57 +0.95 +1.32
	Unity Relieve	Relieve 50 Relieve 70	+0.50 +0.70
	Shamir Relax	Relax 50 Relax 65 Relax 80	+0.50 +0.65 +0.80

52

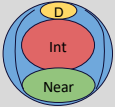
Case #4

- 52 YO Male
- Daytrader
- CC: GW PAL is good, SV near blur
- Lensometry: SV = -5.00DS
- MR: -6.25DS OU Add +2.00

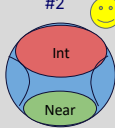
Intermediate Add +1.25



#1



#2



Visual Demands

GW PAL, SV Int/Near
Int/Near 90%
Desktop/4 screens, WD 75 cm

53

-6.25DS OU Int Add +1.25 Near Add +2.00

NVF Lens Design	Eff. ADD @ FRP	Eff. ADD @ Lens Top
Zeiss OfficeLens: Room, Desk, Book	Room +0.50 Desk +0.75 Book +1.25	Room +0.25 Desk +0.50 Book +1.00
Hoya iD WorkStyle 3: Space, Screen, Zoom	Space/Screen: 50% add @2.5mm below FRP Zoom: 50% of Add	Space +0.00 Screen +0.50 Zoom +1.00
Unity Via OfficePro: 10ft., 5 ft.	range of vision for: 10ft @110cm (+0.91D) 5ft @90cm (+1.25D)	10ft +0.33 5ft +0.67
Varilux Imersia: Mid, Room	range of vision for: 10ft @110cm (+0.91D) 5ft @90cm (+1.25D)	10ft +0.33 5ft +0.67
Shamir Workspace/Computer	Workspace: 50% of Add Computer: 50% of Add plus +0.25D	Workspace +0.25 Computer +0.75
Shamir Autograph II Office	50% of the ADD or max of -2.25	Add reduction up to max -2.25

54

-6.25DS OU
Int Add +1.25
Near Add +2.00

Diff. b/w Int & Add = 0.75 D

Powerboost
Lenses
Product
Portfolio


Power Boost Lenses		Boost at the Bottom
Zeiss Digital Lens	Digital 500	+0.50
	Digital 750	+0.75
	Digital 1000	+1.00
	Digital 1250	+1.25
Eyezen	Eyezen +1	+0.40
	Eyezen +2	+0.60
	Eyezen +3	+0.85
	Eyezen +4	+1.10
Hoya Sync III	Hoya Sync 5	+0.57
	Hoya Sync 9	+0.95
	Hoya Sync 13	+1.32
Unity Relieve	Relieve 50	+0.50
	Relieve 70	+0.70
Shamir Relax	Relax 50	+0.50
	Relax 65	+0.65
	Relax 80	+0.80

55

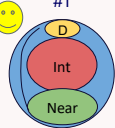
Case #5

- 59 YO Female
- Violin player, first chair, SF Symphony
- CC: PAL not ideal to see music
- MR: -4.50 DS OU Add +2.50


Intermediate Add +1.25



#1



#2



Visual Demands

Music and conductor
Dist/Int
WD 80 cm - opt. infinity


56

-4.50 DS OU Int Add +1.25 Near Add +2.50	NVF Lens Design	Eff. ADD @ FRP	Eff. ADD @ Lens Top
	Zelise OfficeLens: Room, Desk, Book	Room +0.50 Desk +0.75 Book +1.25	Room +0.25 Desk +0.50 Book +1.00
	Essilor Computer Lens	50% of the Backoff Power	0.00 to +0.25 (max back off -2.50)
	VariLux Imersia: Mid, Room	10ft @110cm 5ft @80cm	10ft +0.33 5ft +0.67
	Hoya iD WorkStyle 3: Space, Screen, Zoom	Space/Screen: 50% add @2.5mm below FRP Zoom: 50% of Add	Space +0.00 Screen +0.50 Zoom +1.00
	Unity Via OfficePro: 10ft., 5 ft.	10ft @110cm 5ft @80cm	10ft +0.33 5ft +0.67
	Shamir Workspace/Computer	Workspace: 50% of Add Computer: 50% of Add plus +0.25D	Workspace +0.25 Computer +0.75
	Shamir Autograph II Office	50% of the ADD or max of -2.25	Add reduction up to max -2.25


57

Case #5

- 59 YO Female
- Violin player, first chair, SF Symphony
- CC: PAL not ideal to see music
- MR: -4.50 DS OU Add +2.50
Intermediate Add +1.25



Lens Design	EA @ Distance
Essilor Computer	0.00
Hoya iD WorkStyle 3 Space	0.00
Shamir Autograph II Office	+0.25
Shamir Workspace	+0.25



58

Rx recommendations to avoid confusion

Dr. I. M. Happy
123 Sunshine St.
Amazing, CA 98765
510-123-4567

NAME: Goldie Locks

R	SPHERICAL	CYLINDRICAL	AXIS	PRISM	BASE
OD	-2.25	DS			
OS	-2.25	DS			
OU	+2.50				
OS	+2.50				

Remarks: Intermediate = +1.00, Unity OfficePro 10 ft.

Dr. I. M. Happy
123 Sunshine St.
Amazing, CA 98765
510-123-4567

NAME: Goldie Locks

R	SPHERICAL	CYLINDRICAL	AXIS	PRISM	BASE
OD	-1.25	DS			
OS	-1.25	DS			
OU					
OS					

Remarks: Hoya Sync 13 designed for Int/Near.

Master Rx with Intermediate ADD


- Include Intermediate Add power
- Specify NVFL design

Powerboost Rx for Int/ Near use


- Release Master Rx
- Write separate Rx for PB
- Specify PB design & use

59

Write a "Happily Ever After" Ending



Stop the tragic story of trial and error



Design the lenses that are just right for your patient's visual needs

60

At the End of the Day



Sunset over Orinda, CA

- Did I address the chief concern with the appropriate recommendations?
- Is it an improvement over what they are used to?
- Continue to develop your skills in the art and science of vision care.
- Practice with compassion.

61



On behalf of Vision Expo, I sincerely thank you for being here this year.

Vision Expo Has Gone Green!



We have eliminated all paper session evaluation forms. **Please be sure to complete your electronic session evaluations online.**

Your feedback is important to the Education Planning Committee in planning the content and speakers for future meetings to provide you with the best education possible.

Michelle J. Hoff, OD, FAAO, ABOM, FNAO
Associate Clinical Professor of Health Science
mhoff@berkeley.edu
mhoff@eightlineoc.com

62